

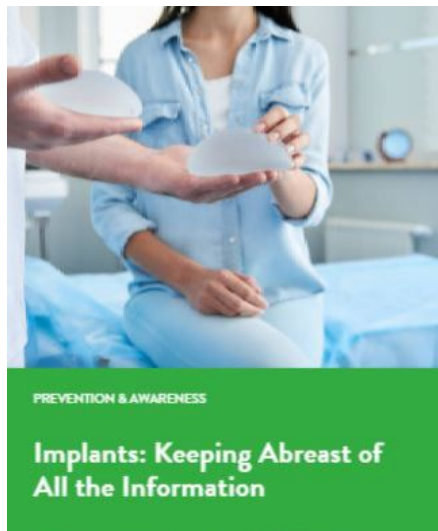


Happy Holidays from Barry and the Focus for Health Team!

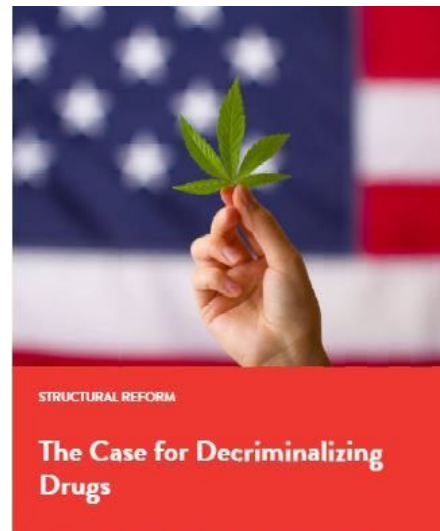
We wish you all the wonderful things 2021 has to offer!



What We're Writing About...

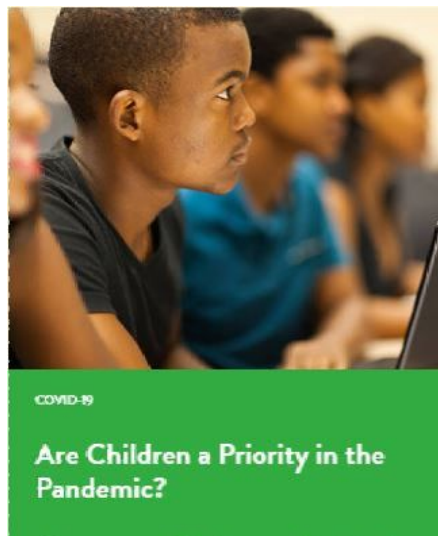


A strong warning that breast implants can rupture, leak, be recalled, need replacement over time, or lead to other adverse outcomes...Read More



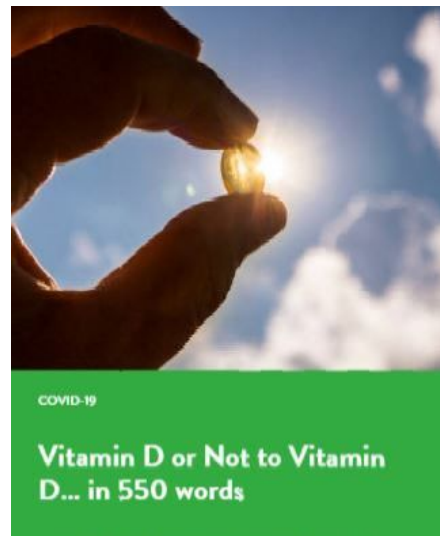
Despite the somewhat confusing term, decriminalization does not mean drugs will be legal...

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The consequences of school closures could create broad and long-lasting harm to our children...

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An estimated one billion people worldwide are either vitamin D insufficient or deficient...that's a problem if they contract Covid-19.

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Focus for Good

We're so proud to support SWAN!
See more of our partners [here...](#)

FFH Partner: Service Women's Action Network (SWAN)

"The Service Women's Action Network (SWAN) is the voice of women who have served or are currently serving in the military. We are a member-driven network dedicated to supporting, connecting and advocating for the individual and collective needs of service women; past, present and future."

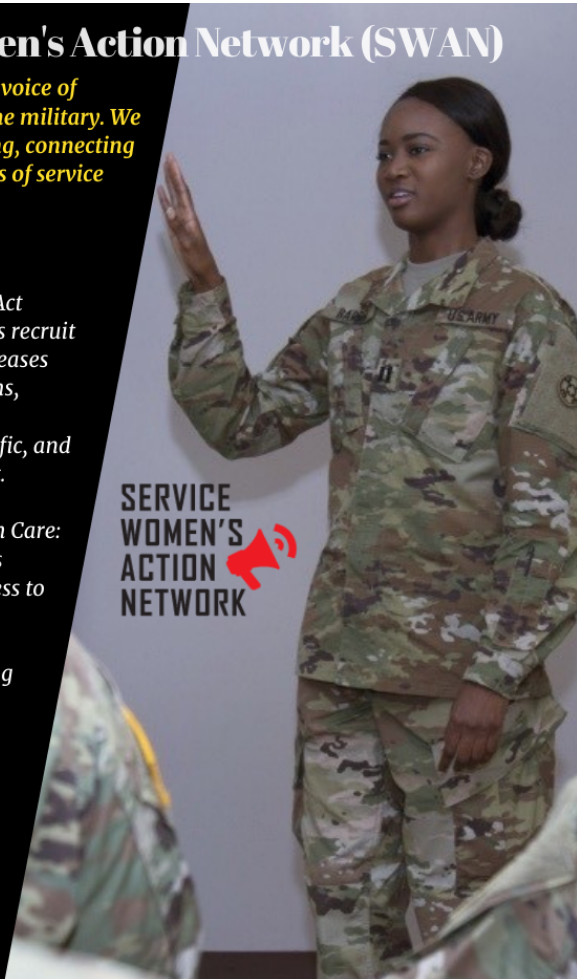
SWAN WINS

- Contributed to The National Defense Authorization Act (NDAA) 2020, which orders the USMC to integrate its recruit training facilities (boot camp). The NDAA 2020 increases victim services, Retaliation/Whistleblower protections, Military justice system reforms, Gender integration provisions, ensures job standards are fair and scientific, and offers women specific personal protective equipment.
- Published the report, "Access To Reproductive Health Care: The Experiences of Military Women," which includes recommendations relative to reproductive care, access to birth control, infertility services and abortion care.
- Made over 30 visits to Congressional offices educating lawmakers on the needs of military women.

ARMY CAPTAIN DESHAUNA BARBER, CEO

"SWAN is committed to preventing discrimination and providing service women with the resources they need to accomplish their goals in and out of the military. Since its founding, SWAN believes that support should never be a basic or minimal act, but rather a high quality, extraordinarily empathetic and protective doing for our members."

SERVICE
WOMEN'S
ACTION
NETWORK



All of our service members should be able to serve and honor their call to duty without fear of sexual assault. FFH salutes our service women and is proud to support efforts to ensure they attain equal opportunity and justice.

Focus
for
Good

News from Our Sister Organization:

Segal Family Foundation 



SFF Partner, *Water Access Rwanda*, was featured in the Forbes article "*Rwandan Entrepreneur: Water Flow Crucial During Coronavirus Crisis.*"

FFH's Grantee Holiday Giveback Wish Lists!



Season of Giving Opportunities...

We're so proud of our grantees that we're sharing their Holiday Wish Lists. From toy drives to fire relief funds, if you're looking to make a difference, these organizations are doing great work! ***Click Here to Learn More...***

Note: FFH does not accept donations of any kind.

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