

2020

Thoughts from Barry:

It's Time!

The Constitution Needs Changes



Focus Fans



It's always a fun day when retired NBA athlete and noted philanthropist, Dikembe Mutombo, visits. Check out his exciting work at the Dikembe Mutombo Foundation.

Black Women's Blueprint Visit

FFH is proud to support Black Women's Blueprint, an organization that coined the Sexual Abuse to Maternal Mortality Pipeline and works to create a world free of violence, prevent sexual violence, and disrupt rape culture.

From left to right: Clare (FFH Research Associate), Sevonna Brown (BWB Assistant Executive Director), Jennifer (FFH Executive Director), Barry (FFH Founder), Farah Tanis (BWB Executive Director), and Kiel (FFH Research Associate).

Stay Informed...Stay Healthy

Featured Articles



Gratitude: Our Bodies' Natural Anti-Depressant

Being healthy includes being grateful. There are numerous mental and physical health benefits, including longevity, in expressing gratitude on a regular basis. [Read More...](#)



Mental Health in the U.S.A.

In 2017, there were an estimated 11.2 million adults in the United States with serious mental illness. Shame and stigma prevented 80% of them from seeking help. [Read More..](#)



Rape Culture in America

Rapists are not just the perverts hiding in bushes. Most of the time, they are perfectly normal men, raised in a culture that condones toxic male behavior. [Read More...](#)

[Read All Articles](#)

FFH is Proud to Support



Firecracker Foundation - Take a Tour of The Firecracker Foundation

The Firecracker Foundation provides children and teens who have survived sexual trauma with holistic therapeutic services, as well as advocacy services that include Title IX advocacy for K-12 students and their families, trauma-informed midwifery, and community education.



Village of Wisdom is a family organizing and advocacy entity working to eliminate racial injustice in schools. They develop tools and resources that help parents, teachers, and students create ideal learning environments for Black and Brown learners.

We're Looking for More Partners!



We're seeking proposals for funding for small organizations affecting systemic change. Ideal candidates for unrestricted funding in the \$5,000-\$25,000 range:

- Have an annual budget under \$1 million
- Are going beyond providing services to address systemic changes in **one** of the following areas:
 - Ending child sex abuse
 - Address a social injustice that affects health
- Are regional or national in scope and/or have a model that can be replicated on a larger scale

Note: Current grantees and organizations supported by Segal Family Foundation are not eligible.

Interested organizations should send a one-paged letter introducing the mission, vision and work of the organization, the organization's annual budget, and most recent audited financial statement or 990 to Jennifer Shore at jenn@focusforhealth.org. Deadline for requests is Friday, February 14, 2020.

Segal Family Foundation



A remote Congolese island offers a test case for improving the country's health care

Segal Family Foundation partner Amani Global Works was featured in the Devex article "A remote Congolese island offers a test case for improving the country's health care." [Read More...](#)

