

2020

## Thoughts from Barry



### Income Inequality:

*Small changes could make a big difference to a lot of people; people who need it the most. [Read More...](#)*



### 8 Ways to Fix the Tax Code to Improve Health Outcomes:

*By implementing simple changes to the tax code, the very wealthy can help improve health outcomes for all families. [Read More...](#)*



## KidSafe Foundation

FFH is proud to support [KidSafe Foundation](#), an organization that is protecting our children from sex abuse.

Prevention efforts provided by KidSafe are important strategies for protecting communities from the widespread impact of abuse. Advocates and leaders must have the tools to mobilize and build capacity to prevent child sexual abuse.

Barry and Dolly caught up with Co-founder and Chief Development Officer, Sally Berenzweig, earlier this month to talk about the wonderful work they're doing.

## Stay Informed...Stay Healthy

### Featured Articles



## Preventing Cognitive Decline as We Age

It is a widely held belief that aging and senility are synonymous, but that belief is false! The habits we have throughout our lifespan will have a cumulative impact on how we age.

[Read More...](#)

## Weathering and its Affects on Marginalized Communities

Long-term physical, mental, emotional, and psychological effects of racism results in poorer health outcomes, longevity rates, mental health, and overall diminished quality of life.

[Read More...](#)



### The Relationship Between Trauma and Resiliency in Children

What are the factors that lessen the impact of negative experiences? How does one child become scarred for life, while another child with a similar experience can thrive?

[Read More..](#)



### Can Baby Teeth Predict Neurodevelopmental Disorders?

During development in the womb and throughout childhood, baby teeth form a new tooth layer daily. These layers could be a window into neurodevelopmental disorders...

[Read More...](#)

[Read All Articles](#)

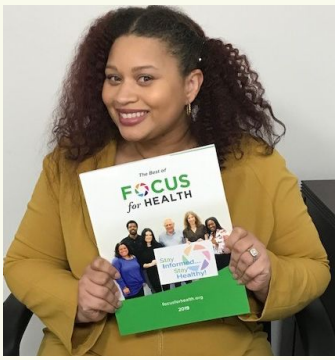
## FFH is Proud to Support



**A Partnership for Change** is dedicated to ending family abuse and intimate partner violence. They provide prevention, education and awareness programs for counselors, school administration, and teenagers. They also have workshops to help law enforcement effectively identify and respond to victims of domestic violence.



**Fathers' Uplift** assists fathers in overcoming barriers (financial, oppressive, emotional, traumatic and addiction-based barriers) that prevent them from remaining engaged in their children's lives. They provide mentoring, cultural outings and counseling to children who are growing up without their fathers.



## The Best of Focus for Health 2019

We put together a book! The Best of Focus for Health 2019 is out and available upon request.

It's a compilation of some of our best articles that are on the website.

[Email Us](#) to request a copy!

## Segal Family Foundation



Segal Family Foundation partner, **Fundi Bots**, was featured in the World Bank video.

***"Robotics Training in Uganda Unlocks Schoolchildren's Potential."***

